

# How Do You Tell If a Loved One Needs More Care?

**Tuesday, March 10, 1:00 – 2:30 pm**

**Petaluma Regional Library, 100 Fairgrounds Drive**

**Co-sponsored by the Village Network of Petaluma & Petaluma Regional Library**

This panel will discuss and offer resources on a topic important to caregivers, partners, family members, and people planning for continued well-being in their later years.



- How do we balance questions of safety with independence – and aging with vitality and purpose?
- How do we evaluate the many options available?

Ample time for Q & A. Free, open to the public. RSVP to [info@VillageNetworkofPetaluma.org](mailto:info@VillageNetworkofPetaluma.org), or call 707-776-6055.

## *Panelists*



**Gabriella Ambrosi** is the CEO, Co-Founder, and Co-Owner (with her husband Stanton Lawson) of Sequoia Senior Solutions, which has been providing in-home care for the elderly in the Bay Area since 2003. Since its inception, the company has made it possible for thousands of local older adults to continue living at home.

**Dr. Todd Finnemore**, Psy.D., is a clinical geropsychologist providing assessments and psychotherapy at West County Health Centers and Sonoma County Adult Protective Services, along with a private practice and occasional service to the court as an expert witness. He is dedicated to supporting older adults and their families through the challenges of later life development, drawing Buddhist mindfulness into his practice.



**Kira Reginato** is an Eldercare Consultant and author of “Tips for Helping Your Aging Parents (Without Losing Your Mind).” She has helped thousands of families looking to be understood, supported, educated, and guided to answers for their loved ones. Kira also provides training to company employees who are doing caregiving, trying to balance home and work responsibilities.

