

## **In-Home Visit Checklist for Care Managers**

During COVID-19 I promise to do all I can to keep clients and family safe. As much as possible, I will conduct business over the phone and not in person. When in-person visits are needed, I will adhere to the following checklist to safeguard our safety using Centers for Disease Control Guidelines. If there are any additional precautions clients believe should be taken, I am open to hearing them so I can make the visit comfortable. Thank you.

**I will take my temperature before a visit and if it's 100.4 or above, I will cancel the visit.**

**I will cancel the visit if I am having any symptoms such as:**

- cough
- fever (temperature over 100.4)
- shortness of breath or difficulty breathing
- runny nose
- sore throat or painful swallowing
- gastrointestinal issues (vomiting, nausea and diarrhea)
- loss of the sense of smell and/or loss of the sense of taste
- chills or repeated shaking with chills
- muscle pain
- severe headache

**I will wash my hands immediately before visiting and don gloves.**

**I will ask to meet outdoors (on patio or backyard) and call from my car to advise I have arrived. If possible, I'd like to avoid touching door handle or door bell.**

**I will visit wearing a mask which covers my nose and mouth.**

**I will remain 6 feet or more away from others during our visit as much as possible.**

**I will use the restroom before I come so I will not need to use a client's.**

**I will ask those I'm meeting with (client/family) to take their temperature prior to visit and ask that they cancel our visit if their temperature is above 100.4 or if there are any symptoms (as above).**

**I will ask those I'm visiting with to wash their hands before our visit and to wear a mask which covers their nose and mouth also.**

**For additional information: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>**